

## THE AMAZING YOU

Do you know that your heart circulates blood through your body about 1,000 times each day; that every square inch of the human body has about 19,000,000 skin cells; that bones are 4 times stronger than concrete; that in one day, a human being sheds 10 billion skin flakes and this amounts to approximately two kilograms in a year; that there are about 9,000 taste buds on the tongue; that the adult human body requires about 88 pounds of oxygen daily; that your fingernails grow four times as fast as your toenails; and that you produce a quart of saliva daily, 10,000 gallons in a lifetime? Aren't you amazing? A product of chance?



**A MASTERPIECE:** Equally amazing is the fact that you did not determine who you are. You found yourself as you are: your height, facial features and expressions, colour and gender. Your parents may have desired a baby, but they did not determine who they got. You are not merely a product of chance but were planned as an expression of God's dream and design. David, who is popularly known as the one who fought Goliath, said: 'For you (God) created my innermost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made. (Psalm 139:13-14). You too are wonderfully designed for a good purpose.

**DANGERS OF POPULAR OPINION:** Many people feel awkward about the idea of God, yet their ideas are sometimes based on popular opinions or religious misconception rather than objective consideration. We tend to run away from God due to 'second-hand' information and the failures of those who claim to be religious. Then, we not only form our own ideas about God but also adopt survival techniques to deal with the inevitable challenges of life. These might include issues of frustration, anxiety, bitterness or the lack of power to overcome shameful habits and sins we secretly struggle with. We thus forget God,

who is the true source of hope, peace and victory and rely on inadequate self-improvement strategies, which have let us down over the years.

**CREATED WITH LOVE:** You are not only His wonderful design but also dearly loved today. God says “Can a woman **forget** her nursing child, and not have compassion on the son of her womb? Surely, they **may forget**; yet I will not **forget** you. (Isaiah 49:15). We may experience a sense of being far away from God due to our daily struggles with sins and failures. However, in His love for us, God has paid the ultimate price by sending His Son, Jesus Christ, to die on the cross to pay for our sins. God then raised Him from the dead on the third day so that we can receive new life. “For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life” (John 3:16). God is not holding your faults against you but offers forgiveness.

**WELCOMING GOD’S DESIGN:** Jesus says that “whoever comes to me I will certainly not turn away” (John 6:37). This presents us with two options: accept His offer of forgiveness and live in the warm embrace of His love or continue to run away from His outstretched arms and be separated from Him both in this life and in the life to come.

The simple prayer of commitment below gives you the noble opportunity to accept his offer of forgiveness and love.

“Father, I thank you for sending your Son, Jesus Christ, to die for my sins. Forgive me my sins, accept me as your child and help me to learn to live your way, in Jesus’ name.”

If you have prayed this prayer, endeavour to contact us at the address below and/or join an active, Bible-believing church.

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Written by Raphael from King’s Church, 104 Gilmore Place, Edinburgh. EH3 9PL. For further help contact King’s Church on 0131 629 6119; [www.kingschurchedinburgh.org](http://www.kingschurchedinburgh.org)